

Clinical outcomes of patients with corticosteroid refractory immune checkpoint inhibitor-induced enterocolitis treated with infliximab

To cite: Alexander JL, Ibraheim H, Sheth B, et al. Clinical outcomes of patients with corticosteroid refractory immune checkpoint inhibitorinduced enterocolitis treated with infliximab. Journal for ImmunoTherapy of Cancer 2021;9:e002742. doi:10.1136/ jitc-2021-002742

Accepted 29 April 2021



© Author(s) (or their employer(s)) 2021. Re-use permitted under CC BY. Published by BMJ.

For numbered affiliations see end of article.

Correspondence to

Dr Nick Powell, Imperial College London, London, UK; nicholas.powell@imperial.ac.uk

ABSTRACT

Introduction Immune checkpoint inhibitors (CPIs) have changed the treatment landscape for many cancers, but also cause severe inflammatory side effects including enterocolitis. CPI-induced enterocolitis is treated empirically with corticosteroids, and infliximab (IFX) is used in corticosteroid-refractory cases. However, robust outcome data for these patients are scarce.

Methods We conducted a multicenter (six cancer centers), cohort study of outcomes in patients treated with IFX for corticosteroid-refractory CPI-induced enterocolitis between 2007 and 2020. The primary outcome was corticosteroid-free clinical remission (CFCR) with Common Terminology Criteria for Adverse Events (CTCAE) grade 0 for diarrhea at 12 weeks after IFX initiation. We also assessed cancer outcomes at 1 year using RECIST V1.1 criteria

Results 127 patients (73 male: median age 59 years) were treated with IFX for corticosteroid-refractory CPI-induced enterocolitis. Ninety-six (75.6%) patients had diarrhea CTCAE grade >2 and 115 (90.6%) required hospitalization for colitis. CFCR was 41.2% at 12 weeks and 50.9% at 26 weeks. In multivariable logistic regression, IFX-resistant enterocolitis was associated with rectal bleeding (OR 0.19: 95% CI 0.04 to 0.80; p=0.03) and absence of colonic crypt abscesses (OR 2.16; 95% Cl 1.13 to 8.05; p=0.03). Cancer non-progression was significantly more common in patients with IFX-resistant enterocolitis (64.4%) as compared with patients with IFX-responsive enterocolitis (37.5%; p=0.013). **Conclusion** This is the largest study to date reporting outcomes of IFX therapy in patients with corticosteroidrefractory CPI-induced enterocolitis. Using predefined robust endpoints, we have demonstrated that fewer than half of patients achieved CFCR. Our data also indicate that cancer outcomes may be better in patients developing prolonged and severe inflammatory side effects of CPI therapy.

INTRODUCTION

Immune checkpoint inhibitors (CPIs) have transformed the treatment landscape for

many cancers by inducing a durable survival benefit even after cessation of therapy. 1-4 However, while inhibition of immune checkpoint molecules such as cytotoxic T-lymphocyte-associated protein 4 (CTLA-4) and programmed cell death protein 1 (PD-1) potentiates an anti-tumor immune response, this immune activation comes at the cost of triggering immune-related adverse events (irAEs) that can target virtually any organ system. Among the most frequently occurring IrAEs is inflammation of the gastrointestinal (GI) tract with a predilection for the colon. CPI-induced enterocolitis is especially common when combination regimens (anti-CTLA-4 plus anti-PD-1 or anti-PD-L1) are used, with an incidence of up to 43%. CPIinduced enterocolitis manifests with diarrhea, fecal urgency and rectal bleeding, 6-9 with endoscopic features including erythema, loss of vascular pattern, edema, and ulcerated mucosa.^{6–9} The National Cancer Institute's Common Terminology Criteria for Adverse Events (CTCAE) tool is conventionally used to score severity based on stool frequency.¹⁰ CTCAE is the system used in oncology trials to quantify toxicity across a wide range of symptoms, although in CPI-induced enterocolitis the tool does not correlate well with clinical or endoscopic outcomes and was not validated in this setting.⁷¹¹

Given that CPI-induced enterocolitis is the most common cause of CPI treatment interruption, permanent discontinuation and treatment-related death, ¹² ¹³ it is important to define optimal management strategies. Gastroenterology ¹⁴ and Oncology societal guidance ¹⁰ recommend institution of

corticosteroids as first-line anti-inflammatory therapy. In corticosteroid refractory disease, which occurs in over a third of patients, infliximab (IFX), an anti-tumor necrosis factor (TNF) monoclonal antibody, is recommended. 15 These guidelines are predominantly based on expert opinion, and to date, there is a paucity of data informing the appropriate institution of secondline therapies such as IFX. In a recent meta-analysis evaluating anti-inflammatory therapies in CPI-induced enterocolitis, data pooled from 17 studies across 333 patients¹⁵ found that IFX was effective in 81% (95% CI 73% to 87%). There was evidence that timely initiation of IFX within 10 days of onset of symptoms led to significantly fewer hospitalizations, fewer corticosteroid taper failures, shorter courses of corticosteroid treatment and shorter duration of symptoms. However, a key limitation of existing studies is a lack of standardization in how treatment response is defined, with the majority using 'soft' endpoints such as improvement to CTCAE grade 1 or less, or 'symptom improvement', and short or undefined follow-up periods. In conventional inflammatory bowel disease (IBD), it is recognized that harder endpoints such as clinical remission and corticosteroidfree remission are more reliable predictors of mucosal healing and sustained remission. 16 17 Taken altogether, robust outcome data including longer follow-up would be welcome in advancing understanding of optimal ther-

apeutic strategies for CPI-induced enterocolitis. In addition to quantification of infliximab efficacy, another important consideration concerns the deleterious side effects of dual immunosuppressive therapy with corticosteroids and infliximab in patients with CPIinduced enterocolitis. Cases of severe infection requiring antibiotic therapy, including *Pneumocystis jirovecii* have been reported, ¹⁸ ¹⁹ as well as hypersensitivity reactions to infliximab. ¹⁸ Furthermore, given that TNF has a pleiotropic role in the cancer immunity cycle and was previously proposed as a treatment for melanoma,²⁰ it is important to define the impact of TNF antagonism on cancer outcomes. Indeed, in patients with IBD, anti-TNF treatment has been linked to increased risk of melanoma and IBD guidelines recommend avoiding anti-TNF therapy for at least 2 years following successful cancer eradication, ²¹ ²² although an association of anti-TNF therapy with development of incident malignancy has not been borne out in larger studies of patients with rheumatologic conditions. ²³ ²⁴ In the setting of advanced malignancy, the majority of studies in CPI-treated patients suggest infliximab therapy does not adversely affect cancer survival outcomes, 25-27 but larger studies are required to validate these findings.

METHODS Study protocol

A retrospective analysis was performed of all patients treated with infliximab for CPI-induced enterocolitis between May 2007 and June 2020 at six UK cancer centers: The Royal Marsden Hospital, Mount Vernon Cancer Centre (MVCC), Guy's and St Thomas' NHS Foundation Trust (GSTT), Imperial College Healthcare NHS Trust, Bart's Health NHS Trust and Newcastle Upon Tyne Hospitals NHS Foundation Trust (NuTH). Study data were collected with approval from the Royal Marsden Hospital Committee for Clinical Review (code: SE926), the Imperial College Tissue Bank (17/WA/0161/R18009), the NuTH clinical effectiveness register (#10142), Bart's Health NHS Trust (ID 11137), the Guy's cancer cohort ethics (18/NW/0297) and as a MVCC service evaluation (#17188). The inclusion criteria were adult patients with any cancer receiving at least one dose of immunotherapy, a diagnosis of CPI-induced enterocolitis (defined by presence of symptoms and absence of a more probable competing diagnosis), and receipt of at least one dose of infliximab for corticosteroid refractory CPI-induced enterocolitis. Patients receiving IFX as first-line therapy for CPI enterocolitis or for any other indication, such as conventional IBD, were excluded.

Definitions of clinical outcomes

Clinical data including patient demographics, symptoms, investigation results and treatments were extracted from hospital electronic patient records.

Baseline demographic and clinical data were collected from the time at which IFX was initiated. The National Cancer Institute's Common Terminology Criteria for Adverse Events (CTCAE) tool was used to classify the severity of diarrhea. The primary outcome measure for colitis was corticosteroid-free clinical remission (CFCR), which was defined as CTCAE grade 0 for diarrhea at 12 weeks after initiation of IFX, in the absence of corticosteroid therapy greater than a daily dose of prednisolone 5 mg (or equivalent dose of other corticosteroid), and without the requirement for other rescue therapy such as vedolizumab or colectomy. Patients who were in colitis remission with CTCAE grade 0 for diarrhea but had been unable to wean corticosteroid therapy to prednisolone ≤5 mg (or equivalent), or who had needed other rescue therapy, were deemed to be in clinical remission but to have failed to meet the primary endpoint of CFCR. Patients who were in colitis remission with CTCAE grade 0 for diarrhea but were on corticosteroid therapy of prednisolone >5 mg (or equivalent corticosteroid) for reasons other than colitis (eg, to treat other irAEs) were recorded as being in clinical remission, but were deemed to have failed to meet the primary endpoint of CFCR. Patients who had died by 12 weeks were excluded from the analysis of the primary endpoint.

Secondary outcomes were clinical remission and CFCR at 26 weeks, durable CFCR at 26 weeks in patients achieving CFCR at 12 weeks, and tumor response at 1 year after the initiation of CPI therapy, defined by RECIST V.1.1 criteria.²⁸ Other outcomes of interest included endoscopic and histopathologic findings, requirement for second-line immunosuppressive therapies to treat colitis, the presence of other irAEs and complications following IFX treatment.

Statistical analysis

Statistical analysis was performed in GraphPad Prism V.9. Fisher's exact and χ^2 tests were used to compare categorical variables and the Wilcoxon rank-sum test used to compare continuous variables. Two-sided p values of less than 0.05 were considered to be significant. Factors associated with IFX success or failure were assessed by multivariable logistic regression analysis. Variables were preselected based on findings from previous studies that identified variables associated with response to anti-inflammatory therapy. Multivariable ORs and their 95% CI were estimated. A receiver operating characteristic (ROC) curve was plotted to demonstrate the predictive strength of the multivariable model.

RESULTS

Patient characteristics

One hundred twenty-seven patients were eligible according to the inclusion and exclusion criteria. Demographic and clinical characteristics are shown in table 1. The median age was 59 years (range 26–88) and the majority were male (n=73; 57.5%) and of white ethnicity (n=117; 92.1%). The most common tumor type was melanoma (n=90; 70.1%), followed by renal (n=15; 11.8%), urothelial (n=8; 6.3%) and lung (n=7; 5.5%). The majority of patients had stage IV malignant disease (n=104; 81.9%) and the remainder had stage III disease. Over half of patients received combination anti-PD-1/ anti-PD-L1 and anti-CTLA-4 therapy (n=66; 52.0%). Monotherapy with anti-PD-1 was received by 35 patients (27.6%), anti-PD-L1 by 5 patients (3.9%) and anti-CTLA-4 by 21 patients (16.5%). Dosing of IFX varied. The most common approach was a single dose (n=62; 48.8%). Two doses were given in 32 cases (25.2%) and three doses in 28 cases (22.0%). Extended dosing beyond three doses was administered in five patients (3.9%). Onset of diarrhea was typically after fewer than five cycles of CPI therapy (n=94; 74.0%; figure 1A), although 12 patients (9.4%) had received nine or more cycles before the onset of diarrhea. One hundred fifteen patients (90.6%; figure 1B) were hospitalized and admitted for inpatient care due to colitis and 96 patients (75.6%; figure 1C) had diarrhea of CTCAE grade 3 or 4. All 127 patients reported symptoms of diarrhea, 30 reported abdominal pain, 17 reported rectal bleeding, 4 reported vomiting and 2 reported fevers (figure 1D).

Infliximab treatment efficacy

At 12 weeks after initiation of IFX, 8 patients had died (3 from sepsis and 5 from progressive cancer; none from colitis), leaving 119 patients assessable for the primary outcome of CFCR. Seventy-four patients (62.2%) were in clinical remission, but only 49 (41.2%) were in CFCR (figure 2A). At 26 weeks, a further nine patients had died.

Table 1 Patient characteristics	
N	127
Gender	
Male	73
Female	54
Median age (range)	59 (26–88)
Ethnicity	
White	117
Indian	2
South East Asian	1
Black	1
Unknown/Not disclosed	6
Primary tumor type	
Melanoma	90
Renal	15
Lung	7
Pleural	2
Urothelial	8
Breast	1
Prostate	1
Glioblastoma multiforme	1
Gastric	1
Oropharyngeal	1
Cancer stage	
III	23
IV	104
Performance status (ECOG)	
0	47
1	64
2	14
3	2
Checkpoint inhibitor therapy	
Anti-PD-1	35
Anti-PD-L1	5
Anti-CTLA-4	21
Anti-PD-1/anti-PD-L1+anti-CTLA-4	66
No of infliximab doses	
1	62
2	32
3	28
4	4
≥5	1

CTLA-4, cytotoxic T-lymphocyte-associated protein 4; ECOG, Eastern Cooperative Oncology Group; PD-1, programmed cell death protein 1.

Five patients had inadequate follow-up and were excluded from the analysis of the secondary endpoint. Of the remaining 105 patients, 75 (71.4%) were in clinical remission and 54 (50.9%) were in CFCR (figure 2B). In the subgroup of 49 patients who met the primary endpoint of

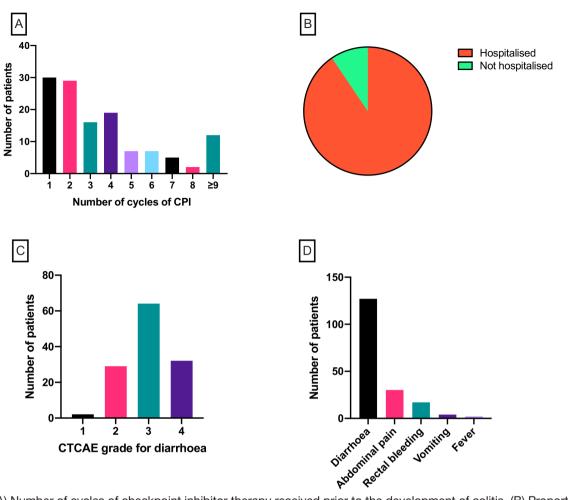


Figure 1 (A) Number of cycles of checkpoint inhibitor therapy received prior to the development of colitis. (B) Proportion of patients hospitalized (n=115; 90.6%) due to colitis. (C) CTCAE grade for diarrhea at the point of commencement of infliximab. (D) Frequency of symptoms reported by patients with colitis. CPI, checkpoint inhibitor; CTCAE, Common Terminology Criteria for Adverse Events.

CFCR at 12 weeks, characteristics of response to IFX were further analyzed. Of these 49 patients, 41 (83.7%) had a clinical response (defined as diarrhea CTCAE 0/1 or reduction of 1 point or more) within 7 days of initiation

of IFX, of which 32 patients (65.3%) responded within 48 hours (figure 3A). By 26 weeks, of those patients who met the primary endpoint, three patients had died (one from sepsis, one following diverticulitis and peritonitis

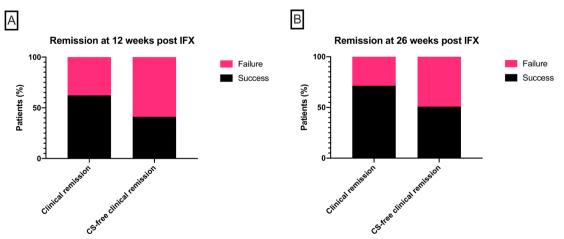


Figure 2 (A) The proportion of patients achieving clinical remission (left bar; n=74, 62.2%) and corticosteroid (CS)-free clinical remission (right bar; n=49, 41.2%) at 12 weeks after starting infliximab (IFX). (B) The proportion of patients achieving clinical remission (left bar; n=75, 71.4%) and CS-free clinical remission (right bar; n=54, 50.9%) at 26 weeks after starting IFX.

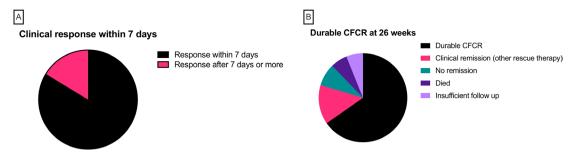


Figure 3 (A) Time to clinical response in 49 patients with corticosteroid-free clinical remission (CFCR) at 12 weeks. Fortyone patients (83.7%) had a clinical response (black; defined as diarrhea CTCAE 0/1 or reduction of 1 point or more) within 7 days of initiation of infliximab (IFX). (B) Durability of CFCR at 26 weeks. Of 49 patients who were in CFCR at 12 weeks, 32 patients (black; 65.3% on intention-to-treat analysis and 74.4% per-protocol analysis) remained in durable CFCR at 26 weeks. Four patients were not in clinical remission (green) and seven patients were in clinical remission but had required alternative rescue therapy (pink). There were three deaths (purple) and three patients with insufficient follow-up (lilac). CTCAE, Common Terminology Criteria for Adverse Events.

and one from progressive disease) and three patients did not have sufficient follow-up to determine outcome. Thirty-two patients meeting the primary endpoint (65.3% on intention-to-treat analysis and 74.4% per-protocol analvsis) remained in durable CFCR at 26 weeks (figure 3B). Four patients were not in clinical remission and seven patients were in clinical remission but had required alternative rescue therapy with mycophenolate mofetil (n=5), vedolizumab (n=1) and plasmapheresis (n=1).

Infliximab treatment failures and complications

In the 6 months following treatment with IFX, 26 patients (20.5%) developed infections requiring antibiotic treatment. Eight (6.3%) required intravenous antibiotics and/ or hospitalization for infection and there were four deaths attributable to infection (two with hospital-acquired pneumonia, one with sepsis of unknown source and one with peritonitis following diverticulitis). Other adverse events following IFX included one case of anaphylaxis, one case of bradycardia requiring atropine and admission to critical care, one grade 3 maculopapular rash and one squamous cell carcinoma of the skin. Forty-seven patients (37%) required additional/alternative rescue therapy

Table 2 Treatments administered to patients with inadequate response to IFX

Therapy	Patients (n)
Mycophenolate mofetil	23
Vedolizumab	11
Topical corticosteroid	9
5-aminosalicylate	7
Adalimumab	3
Azathioprine	1
Methotrexate	1
Plasmapharesis	1
Colectomy	4

IFX, infliximab.

and there were four colectomies (3.1%). These data are summarized in table 2.

Predictors of infliximab treatment success

Multivariable logistic regression analysis was then performed to determine baseline clinical, endoscopic or histopathologic variables which were associated with CFCR at 12 weeks following initiation of IFX. The eight patients who had died by 12 weeks were excluded from this analysis. Six patients were excluded because they were in clinical remission at 12 weeks but were receiving corticosteroid treatment for indications other than colitis (eg, other irAEs or to reduce swelling associated with brain metastases), on the grounds that IFX treatment failure could not be fairly determined. One patient was excluded due to missing baseline data. Thus, after exclusions, 112 patients were analyzed. In multivariable logistic regression analysis (table 3), increased probability of CFCR at 12 weeks was associated with the presence of crypt abscesses

Baseline features at IFX initiation and association with corticosteroid-free clinical remission after 12 weeks of IFX in multivariable logistic regression

Feature	ORs	95% CI	P value
Male gender	0.69	0.29 to 1.63	0.40
Age	1.00	0.97 to 1.04	0.83
Rectal bleeding	0.19	0.04 to 0.80	0.03*
CTCAE grade for diarrhea	1.88	0.99 to 3.71	0.06
Ulcers on lower GI endoscopy	0.66	0.25 to 1.70	0.40
Combination CPI therapy	1.10	0.46 to 2.66	0.83
Lymphocytic infiltrate	0.83	0.31 to 2.16	0.70
Crypt abscesses	2.93	1.13 to 8.05	0.03*
Apoptosis	0.83	0.28 to 2.35	0.72
Chronic active inflammation	0.82	0.35 to 1.95	0.66

Significant factors with OR<1 or >1 predicted IFX resistance or IFX responsiveness, respectively.

CPI, checkpoint inhibitor; CTCAE, Common Terminology Criteria for Adverse Events: Gl. gastrointestinal: IFX, infliximab.

^{*}Statistical significance is indicated by <0.05.

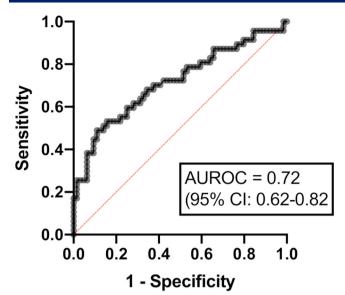


Figure 4 Receiver operating characteristic (ROC) curve for multivariable logistic regression model predicting corticosteroid-free clinical remission at 12 weeks after infliximab initiation. Area under the ROC curve (AUROC 0.72 (95% CI 0.62 to 0.82); p=0.0001).

on colonic histopathology (OR 2.16; 95% CI 1.13 to 8.05; p=0.03). Reduced probability of CFCR at 12 weeks was associated with rectal bleeding (OR 0.19; 95% CI 0.04 to 0.80; p=0.03). Factors that were not associated with CFCR included age, combination CPI therapy and presence of colonic ulceration on endoscopic examination. Based on the multivariable logistic regression model, an ROC curve was constructed for predicting CFCR at 12 weeks after IFX initiation. The area under the ROC curve (AUROC) was 0.72 (95% CI 0.62 to 0.82; p=0.0001), suggesting a

moderately successful predictive capability for the model (figure 4).

Cancer outcomes following infliximab treatment

Finally, in 111 patients, with sufficient follow-up, we analyzed cancer outcomes at 1 year after the initiation of CPI therapy using RECIST V.1.1 criteria. Twenty patients had complete tumor response, 7 had partial response and 27 had stable disease. Thirty-eight patients were alive but had progressive disease and 19 others had died (figure 5A). Patients were then stratified into IFX-controlled colitis and IFX-uncontrolled colitis at 12 weeks after initiation of IFX therapy (figure 5B). Favorable cancer outcomes (complete tumor response, reduced tumor burden or stable disease at 1 year of CPI therapy) were significantly more common in patients with IFX-resistant colitis (64.4%) as compared with patients with IFX-responsive colitis (37.5%; Fisher's exact test p=0.013).

DISCUSSION

CPI-induced enterocolitis is a frequently occurring irAE of CPI therapy, resulting in debilitating symptoms, bowel injury and cessation of CPI therapy. With the broadening use of CPI therapy across the malignant disease spectrum, it is anticipated that CPI-induced enterocolitis will become increasingly common, rendering the definition of optimal treatment strategies ever more pertinent. First-line treatment with systemic corticosteroids in this context has an estimated efficacy of 59% and prolonged treatment courses confer unacceptably high risk of side effects including life-threatening infection and may impair cancer outcomes. 31 32 National guidelines favor IFX as second-line therapy for corticosteroid-resistant

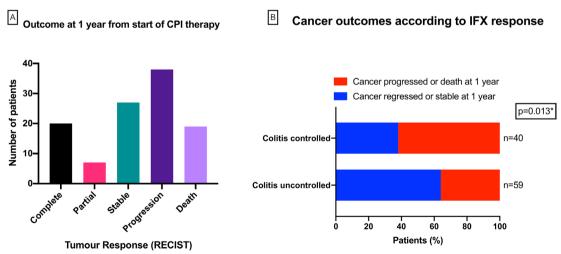


Figure 5 (A) Patient cancer outcomes at 1 year after initiation of checkpoint inhibitor therapy, defined by RECIST V1.1 criteria. (B) Cancer outcomes at 1 year for patients stratified into infliximab-controlled colitis (upper bar; n=59) and infliximab-uncontrolled colitis (lower bar; n=40) at 12 weeks after initiation of infliximab therapy. Blue bars contain patients who had complete, partial or stable tumor response at 1 year; red bars contain patients who had tumor progression or had died at 1 year. Favorable cancer outcomes (complete tumor response, reduced tumor burden or stable disease at 1 year of CPI therapy) were significantly more common in patients with IFX-resistant colitis (64.4%) as compared with patients with IFX-responsive colitis (37.5%; Fisher's exact test p=0.013). CPI, checkpoint inhibitor; IFX, infliximab.

In results that contrast with previous studies, our data suggest that IFX is only moderately successful at inducing remission in CPI-induced enterocolitis. The rates of CFCR at 12 weeks (41.2%) and 26 weeks (50.9%) were more modest. These outcomes are comparable to those seen in patients hospitalized with moderate to severe corticosteroid-refractory ulcerative colitis, a setting with similarities to corticosteroid-refractory CPI-induced enterocolitis, in which clinical remission rates of 50% at 12 weeks have been reported.³³ Our study also confirms that many IFX-treated patients are receiving third, fourth and even fifth line immunosuppressants. Notably, in those patients who achieved CFCR at 12 weeks, 83.7% had a clinical response within 7 days, the majority within 48 hours. These data suggest that patients who respond well to IFX will do so quickly, and in those who do not, early consideration of alternative treatments such as vedolizumab may be appropriate.

Another important outcome of our study is the infection rate of over 20% (with four infection-related deaths) in the 6 months following IFX treatment. This is concerning, although it is difficult to attribute the findings to IFX alone. IFX is often initiated in patients established on, or who have been recently exposed to, high-dose corticosteroids. In IBD, serious infectious complications are more common in patients treated with IFX and corticosteroids separately,^{34 35} and in combination.³⁶ Other studies have observed variable rates of infectious complications in CPI-treated patients receiving combination anti-TNF and corticosteroid treatment, ranging between $0\%^{37}$ and 24%.³⁰ Our data argue strongly in favor of prospective randomized controlled trials and we note that a head to head study of IFX against vedolizumab is currently recruiting (ClinicalTrials.gov Identifier: NCT04407247).

Using multivariable logistic regression analysis, we were able to identify baseline clinical and histopathologic factors which were associated with IFX responsiveness, including rectal bleeding and crypt abscesses. These data should be interpreted with caution and are certainly not sufficiently robust to inform clinical practice at this stage, but these biomarkers warrant further investigation in prospective analyses. Another interesting finding in this study is that patients who had CPI-induced enterocolitis which was resistant to IFX therapy at 12 weeks had more favorable cancer outcomes compared with those with IFX-responsive CPI-induced enterocolitis. Previous studies have indicated that patients experiencing irAEs to CPI therapy have higher response rates and better overall survival than those who do not. 38–40 There has been theoretical concern that use of systemic immunosuppressants to treat irAEs might diminish the anti-tumor efficacy of CPIs, although existing data suggest that this is not the case. In murine experiments, it has been proposed that anti-TNF blockade, in addition to ameliorating CPIinduced enterocolitis, might improve anti-tumor effi-cacy of immunotherapy. 41 42 Two recent CPI-induced enterocolitis studies have compared IFX-treated and IFX-untreated patients (both received systemic corticosteroids) and showed no difference in survival between groups. 11 43 By virtue of the treatment-refractory nature of their bowel inflammation, patients requiring IFX in these studies tended to receive more corticosteroids than patients treated with corticosteroids alone, which makes interpretation of these data challenging. A possible explanation of our findings is that CPI-induced enterocolitis which is refractory to IFX is indicative of a more active immune response to CPI therapy, both against the malignant process and off-target tissues. However, our cohort of patients is heterogeneous with differences in tumor type, CPI therapy regimens and demographics, all of which may predispose both to an increased risk of IFXrefractory colitis and an increased chance of long-term survival. Thus, it is difficult to draw firm conclusions regarding a potential association between response to IFX treatment and cancer outcomes.

Our study has several strengths. As a multicenter collaboration, we have been able to capture data over a long period of time and from a range of secondary and tertiary care settings, in contrast with existing studies which are usually centered on single specialist referral units. This is particularly important in such a nascent field as CPIinduced enterocolitis where heterogeneity of practice is inevitable in the absence of established treatment algorithms. Our patients had a range of cancer types, a spread of single-agent and combination CPI therapy and over 98% underwent baseline endoscopic and histopathologic assessment. We also recognize limitations in our study. The size of the cohort, although larger than any previously published on this topic, is modest. Our analyses were based on available cases and since data missingness is unlikely to be entirely random, our results are prone to bias. Moreover, by virtue of the retrospective design, our

results risk being confounded by inadequately captured or unappreciated factors. Although our predefined endpoint of CFCR is more robust than those used in other studies, it nonetheless lacks the objectivity provided by endoscopic or histologic endpoints.

In conclusion, by defining success in terms of corticosteroid-free remission, this study has shown that efficacy of IFX in CPI-induced enterocolitis is lower than previously described. Prospective randomized controlled trials are urgently needed to define optimal management strategies in this challenging clinical scenario. Predictive biomarkers of IFX responsiveness may also play a role in determining more rational selection of patients to receive TNF blockade.

Author affiliations

¹Department of Metabolism, Digestion and Reproduction, Imperial College London, London, UK

²Department of Medical Oncology, Royal Marsden NHS Foundation Trust, London, UK

³Department of Medical Oncology, Guy's and St Thomas' NHS Foundation Trust, London, UK

⁴Department of Clinical Oncology, Royal Surrey NHS Foundation Trust, Guildford, UK ⁵Department of Gastroenterology, Newcastle Upon Tyne Hospitals NHS Foundation Trust, Newcastle Upon Tyne, UK

⁶Division of Oncology, Department of Translational Medicine, University of Piemonte Orientale, Novara, UK

⁷Department of Surgery & Cancer, Imperial College London, London, UK

⁸Medical Oncology, Mount Vernon Cancer Centre, Northwood, UK

⁹Medical Oncology, Barts Health NHS Trust, London, UK

¹⁰Translational Cancer Therapeutics Laboratory, The Francis Crick Institute, London,

¹¹Medical Oncology, Guy's and Saint Thomas' NHS Foundation Trust, London, UK ¹²School of Cancer and Pharmaceutical Sciences, King's College London, London,

Twitter Andrew Furness @ajsfurness, Sophie Papa @ImmunoEngineers and Nick Powell @NickPowellLab

Contributors JLA and NP planned and designed the study and analyzed the data. JLA, HI, BS, JL, MSK, CR, RR, KM, DJP, DC, PN, JC, SMC, ASpeight and ASharma performed the data collection. JLA and HI drafted the manuscript. All authors interpreted the results and contributed to the critical review of the manuscript. NP had full access to the study data and takes responsibility for the integrity of the data and accuracy of the analysis.

Funding JLA and NP acknowledge funding from the National Institute of Health Research (NIHR) Biomedical Research Centre based at Imperial College London and Imperial College Healthcare NHS Trust. JLA is the recipient of a NIHR Academic Clinical Lectureship. JLA receives funding for his Clinical Lectureship from Imperial College London and The Joyce and Norman Freed Charitable Trust. DJP acknowledges infrastructural support from the Imperial CRUK Centre, the Imperial Experimental Cancer Medicine Centre and from the NIHR Imperial BRC centre. JLA, HI, BS, NH, DC, AF, ST, LP, JL, JPT and NP acknowledge funding from the NIHR Biomedical Research Centre based at the Royal Marsden and the ICR.

Competing interests JLA reports meeting travel support from Vifor Pharma. NP reports he has served as a speaker for Allergan, Bristol Myers Squibb, Falk, Ferring, Janssen, Pfizer, Tillotts, and Takeda, and as a consultant and/or an advisory board member for AbbVie, Allergan, Celgene, Bristol Myers Squibb, Ferring, and Vifor Pharma. DJP received lecture fees from ViiV Healthcare, EISAI, BMS, Roche, Bayer Healthcare and travel expenses from BMS, MSD and Bayer Healthcare; consulting fees for Mina Therapeutics, EISAI, Roche, AstraZeneca, DaVolterra; received research funding (to institution) from MSD, BMS, and Biognosys, SMC reports travel grant from Tesaro and honoraria for educational events from BMS and GSK. JL reports institution grants from Achilles therapeutics, BMS, Merck Sorono, Nektar, Novartis, Pfizer, Roche, Immunocore, Aveo and Pharmacyclics: consulting fees from Iovance, Boston Biomedical, Pfizer, BMS, GSK, Novartis, Incyte, Immunocore, YKT Global, iOnctura and Apple Tree; honoraria from Roche, Novartis, iOnctura, BMS,

Pfizer, Incyte, Dynavax, CRUK, GSK, Eisai, Merck, TouchIME and Touch Experts and support for meeting attendance and/or travel from BMS, iOnctura, Roche, Pfizer, Incyte, Merck, Novartis, Pierre Fabre, BUG, ESMO, AIM, AstraZeneca, NCRI, Syneos Health, EUSA, KCA, Bioevents, MedConcept, GSK and RVMais. ST reports grants or contracts from Cancer Research UK (grant reference number C50947/A18176), The National Institute for Health Research (NIHR) Biomedical Research Centre at the Royal Marsden Hospital and Institute of Cancer Research (grant reference number A109), The Kidney and Melanoma Cancer Fund of the Royal Marsden Cancer Charity, The Rosetrees Trust (grant reference number A2204) and Ventana Medical Systems Inc (grant reference numbers 10467 and 10530), honoraria from Jules Bordet Institute, Erasmus, Open Health and MD Anderson, support for attending meetings and/or travel from Jules Bordet Institute, ESMO, SMR, Broad, KCA, IFOM, EORTC, ASCO, Ventana, Roche, Institute of Molecular Medicine, KTH Sweden, Pfizer, Erasmus, Systems biology, MD Anderson, WK Weiser, AACR, Research degrees Team, Melanoma Focus and SITC, patents Indel mutations as a therapeutic target and predictive biomarker PCTGB2018/051892 and PCTGB2018/051893 and Clear Cell Renal Cell Carcinoma Biomarkers P113326GB. SP reports honoraria from BMS. MSD, Novartis, Amgen, Gritstone, Zelluna, Achilles, Enara Bio and GSK and travel support from BMS and MSD.

Patient consent for publication Not required.

Ethics approval Study data were collected with approval from the Royal Marsden Hospital Committee for Clinical Review (code: SE926), the Imperial College Tissue Bank (17/WA/0161/R18009), the NuTH clinical effectiveness register (#10142), Bart's Health NHS Trust (ID 11137), the Guy's Cancer Cohort Ethics (18/NW/0297) and as a MVCC service evaluation (#17188).

Provenance and peer review Not commissioned; externally peer reviewed.

Data availability statement The datasets used and analysed during the current study are available from the corresponding author on reasonable request.

Open access This is an open access article distributed in accordance with the Creative Commons Attribution 4.0 Unported (CC BY 4.0) license, which permits others to copy, redistribute, remix, transform and build upon this work for any purpose, provided the original work is properly cited, a link to the licence is given, and indication of whether changes were made. See https://creativecommons.org/ licenses/by/4.0/.

ORCID iDs

James L Alexander http://orcid.org/0000-0001-8542-327X David J Pinato http://orcid.org/0000-0002-3529-0103 Nick Powell http://orcid.org/0000-0003-3231-6950

REFERENCES

- Robert C, Long GV, Brady B, et al. Nivolumab in previously untreated melanoma without BRAF mutation. N Engl J Med 2015;372:311-9.
- Motzer RJ, Escudier B, McDermott DF, et al. Nivolumab versus everolimus in advanced renal-cell carcinoma. N Engl J Med 2015;373:1803-13.
- Reck M, Rodríguez-Abreu D, Robinson AG, et al. Pembrolizumab versus chemotherapy for PD-L1-positive non-small-cell lung cancer. N Engl J Med 2016;375:1823-33.
- Larkin J, Chiarion-Sileni V, Gonzalez R, et al. Combined nivolumab and ipilimumab or monotherapy in untreated melanoma. N Engl J Med Overseas Ed 2015;373:23-34.
- Hassel JC, Heinzerling L, Aberle J, et al. Combined immune checkpoint blockade (anti-PD-1/anti-CTLA-4): evaluation and management of adverse drug reactions. Cancer Treat Rev 2017:57:36-49.
- Abu-Sbeih H, Ali FS, Luo W, et al. Importance of endoscopic and histological evaluation in the management of immune checkpoint inhibitor-induced colitis. J Immunother Cancer 2018;6:95.
- Geukes Foppen MH, Rozeman EA, van Wilpe S, et al. Immune checkpoint inhibition-related colitis: symptoms, endoscopic features, histology and response to management. ESMO Open 2018;3:e000278.
- Gonzalez RS, Salaria SN, Bohannon CD, et al. PD-1 inhibitor gastroenterocolitis: case series and appraisal of 'immunomodulatory gastroenterocolitis'. *Histopathology* 2017;70:558–67.
- Abu-Sbeih H, Ali FS, Wang X, et al. Early introduction of selective immunosuppressive therapy associated with favorable clinical outcomes in patients with immune checkpoint inhibitor-induced colitis. J Immunother Cancer 2019;7:93.



- 10 Haanen JBAG, Carbonnel F, Robert C, et al. Management of toxicities from immunotherapy: ESMO clinical practice guidelines for diagnosis, treatment and follow-up. Ann Oncol 2017;28:iv119-42.
- Cheung VTF, Gupta T, Olsson-Brown A, et al. Immune checkpoint inhibitor-related colitis assessment and prognosis: can IBD scoring point the way? Br J Cancer 2020;123:1-9.
- Wolchok JD, Chiarion-Sileni V, Gonzalez R, et al. Overall survival with combined nivolumab and ipilimumab in advanced melanoma. N Engl J Med 2017:377:1345-56
- Schadendorf D, Wolchok JD, Hodi FS, et al. Efficacy and safety outcomes in patients with advanced melanoma who discontinued treatment with nivolumab and ipilimumab because of adverse events: a pooled analysis of randomized phase II and III trials. J Clin Oncol 2017:35:3807-14
- 14 Powell N, Ibraheim H, Raine T, et al. British Society of gastroenterology endorsed guidance for the management of immune checkpoint inhibitor-induced enterocolitis. Lancet Gastroenterol Hepatol 2020;5:679-97.
- 15 Ibraheim H, Baillie S, Samaan MA, et al. Systematic review with meta-analysis: effectiveness of anti-inflammatory therapy in immune checkpoint inhibitor-induced enterocolitis. Aliment Pharmacol Ther 2020;52:1432-52.
- 16 Bryant RV, Winer S, Travis SPL, et al. Systematic review: histological remission in inflammatory bowel disease. Is 'complete' remission the new treatment paradigm? An IOIBD initiative. J Crohns Colitis
- Abreu MT, Sandborn WJ, Endpoints ID, IOIBD Defining Endpoints and Biomarkers in Inflammatory Bowel Disease Writing Group. Defining endpoints and biomarkers in inflammatory bowel disease: moving the needle through clinical trial design. Gastroenterology 2020;159:e2017:2013-8.
- Harding JJ, Callahan M, Postow M, Infliximab (IFX) for ipilimumab (IPI)-induced colitis in melanoma patients (pts). Pigment Cell and Melanoma Research 2012;25:862.
- Spain L, Clark J, Au L. PTU-005 Infliximab use in immune-related diarrhoea/colitis (IRD/C). Gut 2018;67:A64-5.
- Fraker DL, Alexander HR, Andrich M, et al. Treatment of patients with melanoma of the extremity using hyperthermic isolated limb perfusion with melphalan, tumor necrosis factor, and interferon gamma: results of a tumor necrosis factor dose-escalation study. J Clin Oncol 1996;14:479-89.
- Long MD, Martin CF, Pipkin CA, et al. Risk of melanoma and nonmelanoma skin cancer among patients with inflammatory bowel disease. Gastroenterology 2012;143:e391:390-9.
- Lamb CA, Kennedy NA, Raine T, et al. British Society of gastroenterology consensus guidelines on the management of inflammatory bowel disease in adults. Gut 2019;68:s1-106.
- Lopez-Olivo MA, Tayar JH, Martinez-Lopez JA, et al. Risk of malignancies in patients with rheumatoid arthritis treated with biologic therapy: a meta-analysis. JAMA 2012;308:898-908.
- Mercer LK, Askling J, Raaschou P, et al. Risk of invasive melanoma in patients with rheumatoid arthritis treated with biologics: results from a collaborative project of 11 European biologic registers. Ann Rheum Dis 2017;76:386-91.
- Horvat TZ, Adel NG, Dang T-O, et al. Immune-Related adverse events, need for systemic immunosuppression, and effects on survival and time to treatment failure in patients with melanoma treated with ipilimumab at Memorial sloan kettering cancer center. J Clin Oncol 2015;33:3193-8.

- Barbee MS. Ogunnivi A. Horvat TZ. et al. Current status and future directions of the immune checkpoint inhibitors ipilimumab, pembrolizumab, and nivolumab in oncology. Ann Pharmacother 2015:49:907-37
- Attia P, Phan GQ, Maker AV, et al. Autoimmunity correlates with tumor regression in patients with metastatic melanoma treated with anti-cytotoxic T-lymphocyte antigen-4. J Clin Oncol 2005;23:6043-53.
- 28 Eisenhauer EA, Therasse P, Bogaerts J, et al. New response evaluation criteria in solid tumours: revised RECIST guideline (version 1.1). Eur J Cancer 2009;45:228-47.
- Wang Y, Abu-Sbeih H, Mao E, et al. Immune-checkpoint inhibitorinduced diarrhea and colitis in patients with advanced malignancies: retrospective review at MD anderson. J Immunother Cancer 2018:6:37
- Del Castillo M, Romero FA, Argüello E, et al. The spectrum of serious infections among patients receiving immune checkpoint blockade for the treatment of melanoma. Clin Infect Dis 2016;63:1490-3
- 31 Faje AT, Lawrence D, Flaherty K, et al. High-Dose glucocorticoids for the treatment of ipilimumab-induced hypophysitis is associated with reduced survival in patients with melanoma. Cancer 2018;124:3706-14.
- Arbour KC, Mezquita L, Long N, et al. Impact of baseline steroids on efficacy of programmed cell death-1 and programmed Death-Ligand 1 blockade in patients with non-small-cell lung cancer. J Clin Oncol 2018:36:2872-8.
- 33 Sjöberg M, Magnuson A, Björk J, et al. Infliximab as rescue therapy in hospitalised patients with steroid-refractory acute ulcerative colitis: a long-term follow-up of 211 Swedish patients. Aliment Pharmacol Ther 2013:38:377-87.
- Lichtenstein GR, Feagan BG, Cohen RD, et al. Infliximab for Crohn's disease: more than 13 years of real-world experience. Inflamm Bowel Dis 2018:24:490-501.
- 35 Long MD, Martin C, Sandler RS, et al. Increased risk of pneumonia among patients with inflammatory bowel disease. Am J Gastroenterol 2013;108:240-8.
- 36 Fidder H, Schnitzler F, Ferrante M, et al. Long-Term safety of infliximab for the treatment of inflammatory bowel disease: a singlecentre cohort study. Gut 2009;58:501-8.
- Johnson DH, Zobniw CM, Trinh VA, et al. Infliximab associated with faster symptom resolution compared with corticosteroids alone for the management of immune-related enterocolitis. J Immunother Cancer 2018:6:103
- 38 Haratani K, Hayashi H, Chiba Y, et al. Association of immune-related adverse events with nivolumab efficacy in non-small-cell lung cancer. JAMA Oncol 2018;4:374-8.
- Weber JS, Hodi FS, Wolchok JD, et al. Safety profile of nivolumab monotherapy: a pooled analysis of patients with advanced melanoma. J Clin Oncol 2017:35:785-92.
- Arriola E, Wheater M, Karydis I, et al. Infliximab for IPILIMUMAB-Related Colitis-Letter. Clin Cancer Res 2015;21:5642-3
- Perez-Ruiz E, Minute L, Otano I, et al. Prophylactic TNF blockade uncouples efficacy and toxicity in dual CTLA-4 and PD-1 immunotherapy. Nature 2019;569:428-32.
- Bertrand F, Montfort A, Marcheteau E, et al. TNFalpha blockade overcomes resistance to anti-PD-1 in experimental melanoma. Nat Commun 2017;8:2256.
- Mooradian MJ, Wang DY, Coromilas A, et al. Mucosal inflammation predicts response to systemic steroids in immune checkpoint inhibitor colitis. J Immunother Cancer 2020;8.

ģ